



CLARK COUNTY

Mental Health & Substance Misuse Community Resource Guide

Revised 10-31-19

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This resource guide was funded by a Greater Clark Foundation Ambition Grant to the Clark County Mental Health Task Force. Ongoing financial support provided by Clark County Agency for Substance Abuse Policy (ASAP).

Getting Started

This guide has been developed to assist you with finding help for yourself or a loved one with mental illness or a substance use disorder. If your friend or a loved one is unwilling to get help consider the following:

Mental Illness

In Kentucky there is assistance for getting help when a friend or family member has become a danger or threat to self, family, or others as a result of mental illness and will not agree to seek treatment voluntarily. To begin the process, visit your district clerk's office and ask to file a petition for an involuntary hospitalization (202A). You will be asked to provide information regarding how the individual is a danger to self or others. The local NAMI chapter (see page 10) provides support for families facing these issues.

Substance Misuse

See information on Casey's Law and contact information for SPARK Ministries, Casey's Law advocates on pages 17—18 of this guide.

Disclaimer

While this resource guide is informational it is not comprehensive. It's purpose is to serve as a quick reference for individuals and families seeking insight and information.

To access the most up-to-date version of this guide visit clarkhealthdept.org.

Crisis & Support Hotlines

Achieving Recovery Together (ART) <i>Peer and recovery support</i>	(859) 385-5017
Addiction Recovery Care Hotline	(888) 520-8736
Aging and Disability Resource Center (ADRC)	(866) 665-7921
2-1-1 <i>Provides free and confidential information and referral for mental health services, food, housing, employment, counseling, and more.</i>	211
Adult Abuse Hotline	(800) 752-6200
Darkness to Light (Child sexual abuse hotline)	(866) 367-5444
Department for Community Based Services Protective Services Family Support (Medicaid, SNAP, etc.)	(859) 737-7771 (877) 597-2331 (855) 306-8959
Find Help Now KY	(833) 8KY-HELP
Kentucky's Statewide Child Abuse Hotline	(877) 597-2331
Local Child Abuse Hotline	(859) 245-5258
Mountain Comprehensive Care Crisis Hotline	(800) 422-1060
National Alcoholism and Substance Abuse Information Center	(800) 784-6776
NAMI- National Alliance On Mental Illness <i>Check website for local chapters - nami.org</i>	(800) 950-6264
National Child Abuse Hotline	(800) 422-4453
National Domestic Violence Hotline	(800) 799-7233
National Human Trafficking Hotline	(888) 373-7888
National Parent Helpline	(855) 427-2736
National Suicide Prevention Hotline	(800) 273-8255 or text HOME to 741741

Crisis & Support Hotlines

National Youth Advocate Program Crisis Hotline	(877) 692-7226
New Vista (formerly Bluegrass.org) 24 Hour Crisis Hotline	(800) 928-8000
Our Lady of Peace <i>Free and confidential assessments 24/7</i>	(502) 451-3333 (859) 313-3515
Quit Now Kentucky (Smoking cessation hotline)	(800) 784-8669
SPARK Ministries (Casey’s Law Advocates)	(859) 771-2726
Substance Abuse Mental Health Service Administration (SAMHSA)	(800) 662-4357
State Health Insurance Assistance Program <i>Provides health insurance coverage information, counseling and assistance to seniors and disabled individuals, their families and caregivers.</i>	(866) 516-3051
The Ridge <i>Free and confidential assessments 24/7</i>	(800) 753-4673

**For a list of addiction treatment providers
accepting new clients right now visit:**



**Contact the KY HELP line to talk to a
referral specialist**

Text HOPE to 96714 | Call 1-833-8KY-HELP

Recovery & Support Meetings

Alcoholics Anonymous (SU-A)

Sunday, 8—9 PM: *The New Way of Life*, 19 Wainscott Ave (use front entrance of Second Blessings). **Women’s Meeting Only**

Monday—Saturday, 8—9 PM: *The New Way of Life*, 19 Wainscott Ave.

Tuesday, 8 PM: Episcopal Church, First Fire Building, 2410 W. Lexington Rd.

Monday, Tuesday, & Thursday, 12 PM: Seventh-Day Adventist Church, 2355 Mt. Sterling Rd.

Sunday, 4—5 PM: *Serenity Group*, College Park Outdoor Meeting, 15 Wheeler Ave.

Monday, Tuesday, Thursday, Friday, 8—9 PM: *Serenity Group*, Shepherd’s Church, 1107 Pioneer Drive

Wednesday, 8—9 PM: *Serenity Group*, Clark Co Public Library, 370 S. Burns Ave.

Saturday, 9—10 AM & 8—9 PM: *Serenity Group*, Trinity United Methodist Church, 306 N. Main St.

Narcotics Anonymous (SU-A)

Sunday, 3 PM: Episcopal Church, First Fire Building, 2410 W. Lexington Rd.

Wednesday & Friday, 7 PM: Episcopal Church, First Fire Building, 2410 W. Lexington Rd.

Celebrate Recovery—Faith-based 12-step Recovery Program (SU-A-C-F)

Monday, 7 PM: Grace Baptist Church, 5990 Lexington Rd.
(859) 771-2812

Tuesday, 7 PM: Calvary Christian Church, 15 Redwing Dr. *Childcare Provided. Pre-teen and teen groups available.*

Recovery & Support Meetings

Celebrate Recovery—Faith-based 12-step Recovery Program (SU-A-C-F)

Friday, 6 PM—Dinner, 6:45—9 PM—Program: First Baptist Church, 133 3rd Street. (859) 744-6624.

Faith Based 12-Step Recovery Program (SU-A)

Monday, 6—9 PM: Ark of Mercy, 240 Winn Ave.

Thursday, 6:30—7:30 PM: Beacon Ministries at Grace Bible Church, 250 N. Main St.

Other Recovery & Support Services

Tuesday & Thursday, 10:00 AM for Men & 11:00 AM for Women: *Achieving Recovery Together (A.R.T.) All Recovery Support Group*, 120 West Broadway St. (859) 385-5017. See page 11 for more information.

Thursday, 7—8 PM: *You're Not Alone*, a support group for friends and families with loved ones battling addiction. Emmanuel Episcopal Church, McCreedy Hall, 2410 W. Lexington Ave. This group is not affiliated with any existing recovery group or faith-based organization.

Hospice East (MH): *Grief support group*; 407 Shoppers Drive, 4th Tues; (859) 744-9866

NAMI Winchester—Clark County (MH): (859) 749-3702. See page 10 for more information.

NOTE: Meeting locations, dates, and times are subject to change. Changes and new information will be posted on the Clark County ASAP website at <http://bit.ly/CCSupportGroups>.

Mental Health & Substance Misuse

LOCAL COMMUNITY RESOURCES

**Beall Recovery Centers PLLC
(A-D-MAT-SU)**
1145 W. Lexington Avenue
Suite C
(859) 385-4093

**Kentucky Addiction Centers
(A-D-MAT-SU)**
625 Tech Drive
Suite B
(888) 226-5824

**New Vista
(formerly Bluegrass.org)
(A-C-F-MH-Rx-SU)**
325 Professional Avenue
(859) 744-2562 (local)
(800) 928-8000 (24 Hour Helpline)

**Mercy House Rehab Center
(SU)**
246 Winn Avenue
(859) 744-8745
[Facebook: Mercy House
Rehabilitation Center](#)

**Bluegrass Wellness
and Counseling
(A-C-F-MH)**
58 S. Main Street
(859) 421-7262

**Mountain Comprehensive
Care Center
(A-C-F-MH-Rx-SU)**
114 S. Maple Street
(859) 737-2900

**Clark County Harm Reduction
Syringe Exchange Program**
400 Professional Avenue
Friday's 12:00—4:00 pm
(859) 744-4482

**National Youth Advocate
Program (NYAP)
(A-C-F-MH-SU)**
104 W. Broadway Street
(859) 385-4669

**Clark Regional Medical Center
Emergency Services**
175 Hospital Drive
(859) 745-3500

**New Leaf Recovery
and Wellness
(A-C-F-MH-SU)**
1129 W Lexington Avenue
(859) 771-5766

**Flourish Counseling
and Consulting
(A-C-MH-SU)**
1414 W. Lexington Avenue
(859) 385-4324

newleafrecoveryandwellness.com

Mental Health & Substance Misuse

LOCAL COMMUNITY RESOURCES

Therapeutic Village (A-C-MH-SU)

19 Wainscott Avenue
(859) 595-5860

www.therapeuticvillage.com

Thrive Counseling (A-C-MH-SU)

301 Boone Avenue
(859) 745-2167

[Facebook: Thrive Counseling](#)

Non-Emergency Medicaid Transportation

(859) 258-2722 or (888) 848-0989

If you are a Medicaid recipient and need transportation to a Medicaid covered medical appointment, please call the Transportation Broker to see if you are eligible for Free Non-Emergency Medical Transportation. Please remember that you must give 72 hours notice prior to the scheduled trip or appointment. Please have your Medicaid card readily available, as well as your medical appointment information, including date of appointment, time of appointment, and medical provider's name and address prior to calling.

KEY	
Adults	A
Adults	A
Children	C
Children	C
Detox	D
Detox	D
Families	F
Families	F
In-Patient	IP
Men	M
Medication Assistance Treatment	MAAT
Medication Management	Rx
Mental Health	MH
Mental Health	MH
Residential	R
Residential	R
Substance Use	SU
Substance Use	SU
Women	W
Women	W



nami

National Alliance on Mental Illness

**Winchester/
Clark County**

You Are Not Alone



Meets the 1st and 3rd Monday of the month

Support Groups at 7:00pm
Business meeting at 8:30pm

McCready Hall
Emmanuel Episcopal Church
2410 Lexington Road
Winchester, Kentucky 40391

Our Mission

NAMI Kentucky provides education, support, and advocacy for the well-being of all individuals affected by mental illness.

Questions? Contact: 859-749-3702

A·R·T

Achieving Recovery Together

Ready for Recovery?

It doesn't matter where you are in your recovery.

ART will connect you with the recovery support services you are looking for, such as:

- √ Medical detox
- √ Residential treatment
- √ Medication-assisted treatment (MAT)
- √ Counseling
- √ Support groups
- √ Life skills
- √ Recovery coaching

**For more information visit our website at
www.achievingrecoverytogether.org**

or

**Contact us at our office at
(859) 385-5017**

ASSOCIATION OF
**RECOVERY
COMMUNITY
ORGANIZATIONS**
FACES & VOICES OF RECOVERY

**ART is a Recovery Community
Center serving Clark County and
Surrounding areas**

Mental Health & Substance Misuse

REGIONAL RESOURCES

**Ball-Quantrell Recovery
Center for Women
(R-SU-W)**

1524 Versailles Road
Lexington, KY 40504
(859) 252-2002

**Hope Center for Men
Recovery Center
(R-SU)**

250 W. Loudon Avenue
Lexington, KY 40508
(859) 252-7881

**Center for Women and Children
(A-F-R-SU)**

403 Gibson Lane
Richmond, KY 40475
(859) 972-1050

**KVC Kentucky
(C-MH-SU)**

2250 Thunderstick Drive
Lexington, KY 40505
(859) 254-1036

**Chrysalis House, Inc.
(R-SU-C-W)**

1589 Hill Rise Drive
Lexington, KY 40504
(859) 977-2504

**Liberty Place for Women
(A-R-SU)**

218 Lake Street
Richmond, KY 40475
(859) 625-0104

**Genesis Recovery
Kentucky Center
(A-R-SU)**

400 CW Stephens Blvd
Grayson, KY 41143
(606) 898-2111

**Morehead Inspiration Center
(A-R-SU)**

1111 U.S. 60 West
P.O. Box 92
Morehead, KY 40351
(606) 783-0404

**Hillcrest Hall
(C-SU)**

209 David Road
Mt sterling, KY 40353
(859) 498-6574

**Our Lady of Peace
(A-C-D-MH-Rx-SU)**

1401 Harrodsburg Road
KentuckyOne Health Office Park
Suite A—400
Lexington, KY 40504
(859) 313-3515

Mental Health & Substance Misuse

REGIONAL RESOURCES

Pathways Inc.

(A-C-RX-SU)

300 Foxglove Drive
Mount Sterling, KY 40353
(859) 498-2135

Recovery Kentucky

(A-R-SU)

Multiple locations throughout
state
(800) 633-8896 Ext 715

Sanders and Associates, PLLC

(A-C-MH)

106 North Broadway
Lexington, KY 40507
(859) 266-6786

Shepherd's House

(SU)

154 Bonnie Brae Drive
Lexington, KY 40508
(859) 252-1939

Schwartz Center

(A-C-D-Rx-R-SU)

3479 Buckhorn Drive
Lexington, KY 40515
Phone screenings available 24/7
(859) 246-7282

Stoner Creek Behavioral Health Center

(A-C-D-IP-SU)

9 Linville Drive
Paris, KY 40361
(888) 394-4673 (Intake/Info)

Shepard's Shelter & Ross Rehab

(R-SU)

236 Bridgett Drive
Mt. Sterling, KY 40353
(859) 498-7111

The Healing Place

(F-R-W)

1202 W. Market Street
Louisville, KY 40202
(502) 585-4848

The Ridge Behavioral Health System

(A-C-D-IP-MH-Rx-SU)

3050 Rio Dosa Drive
Lexington, KY 40509
Other locations throughout state
(859) 269-2325
www.RidgeBHS.com

Other Community Resources

HOUSING RESOURCES

Clark County Community Services

30 Taylor Avenue
(859) 744-5034
Wednesdays: 8:30-11:30 AM
Provides housing assistance for the homeless

Clark County Homeless Coalition (A-F)

19 Wainscott Avenue
(859) 744-8733
Includes shelter and housing programs for families, substance abuse recovery support, life skills training, and more.

Greenhouse17 Domestic Violence Emergency Shelter (W)

Lexington, KY
(800) 544-2022
For women harmed by intimate partner abuse. 24-hour hotline, emergency shelter, legal advocacy, individual and group support, medical and dental treatment, budget and credit counseling, and more.

Refuge for Women (W)

Lexington, KY
(859) 254-0041
Faith based organization providing specialized long term care for women who have escaped human trafficking or sexual exploitation.

The Beacon of Hope Emergency Shelter (A-C)

850 Bypass Road
(859) 644-5171
Emergency shelter with three meals a day provided. Open 24/7

Unshackled By Love (W)

Lexington, KY
(859) 509-6421
For women in the sex industry, victims of sex trafficking, depression, and chemical addictions. Offers 12-18 month programs . Housing, GED assistance, money management, and more.

Other Community Resources

FREE MEALS/FOOD RESOURCES

Ark of Mercy

Lunch Mondays—Fridays:
11:30-12:45 PM
245 Winn Avenue
(859) 745-0700

Clark County Community Services

Food pack once a month if qualified
30 Taylor Avenue
(859) 744-5034

Eastside Baptist

Lunch
Wednesdays—1:30 PM
148 E. Broadway
(859) 737-4444

First Baptist Church

Dinner
Wednesdays—5:30 PM
109 S. Main Street

First Baptist Church

Food Bank in Family Life Center
Saturdays—10 AM—1 PM
37 N. Highland Avenue

Grace Bible Church

Dinner
Sundays, Mondays
Wednesdays, Thursdays
5:15 PM
250 N. Main Street
(859) 737-4722

St. Vincent DePaul Food Pantry

Food pack once every 3 months for Clark County residents
(859) 771-2572



COMMUNITY CALENDAR **SEE WHAT'S HAPPENING IN WINCHESTER!**

The Community Calendar is a free tool by the Winchester Sun where you can see events happening within the Winchester-Clark County area such as meetings, farmers markets, support groups and more.

Events from the Community Calendar are published daily in the Winchester Sun. For more information call 859-759-0059 or visit winchestersun.com/calendar/.

Online Resources

American Foundation for Suicide Prevention—afsp.org

Provides those affected by suicide a nationwide community empowered by research, education and advocacy to take action against this leading cause of death.

Casey's Law—caseyslaw.org

Provides information for those seeking a decisive intervention to break the cycle of addiction and save the life of a loved one.

Celebrate Recovery Locator—<https://locator.crgroups.info>

Find a group near you. Celebrate Recovery is a 12-step recovery program for anyone struggling with hurt, pain or addiction of any kind.

Find Help Now KY—www.findhelpnowky.org

A real-time substance use disorder treatment availability locator and information center for Kentucky.

Know the Signs—suicideispreventable.org

Provides information on recognizing the warning signs, having a direct conversation with someone in crisis and more.

MakeitOk.org

A campaign to reduce the stigma of mental illnesses.

Mental Health America—mentalhealthamerica.net

A non-profit addressing the needs of those living with mental illness and promoting the overall mental health of all Americans.

National Alliance for Mental Illness (NAMI) - NAMI.org

Provides education, advocacy, information and support for people with mental illness and their families. Find information about NAMI and locate a chapter near you.

SAMSHA Treatment Locator—www.findtreatment.samhsa.gov

A confidential and anonymous source of information for persons seeking treatment facilities for substance use/addiction and/or mental health problems.

Stop Overdoses—<http://kystopoverdoses.ky.gov>

Resources for people and families seeking information about substance misuse/addiction.

Applicable Laws & Programs

Kentucky's Good Samaritan Law: KRS218A.133

A major road block to saving many lives is people standing by not calling for medical help because they are scared of being in legal trouble. The Good Samaritan Law encourages people present at an overdose to **do the right thing**: call for help and stay with the overdosed person until help arrives

This Law:

- Allows people not to be charged with drug possession and use offenses when finding medical help for overdoses.
- Protects police, firefighters, EMS, and other first responders from needles sticks and other devices that may carry diseases.
- **Does not** extend to outstanding warrants, probation, or parole violations, or other non-drug related crimes.

DON'T LET YOUR FRIEND DIE, CALL 911. THE GOOD SAMARITAN LAW PROTECTS YOU!

DON'T RUN

CALL 911

KENTUCKY'S GOOD SAMARITAN LAW
PROTECTS YOU!

Would you let your friend die?

Believe it or not, Kentucky's #1 cause of death
is drug overdose. It doesn't have to be ...
help a friend in need!

CALL 911 GET HELP

*Kentucky's Good Samaritan Provision
was effective March 2015*

Applicable Laws & Programs

The Matthew Casey Wethington Act

What is Casey's Law?

The Matthew Casey Wethington Act for Substance Abuse Intervention is named for Matthew Casey Wethington, who died in 2002 from a heroin overdose at the age of 23. Casey was an energetic young man who enjoyed life until it was "taken" by drugs. Casey never intended to become addicted to drugs when he used for the first time. What he did not realize was that his using would progress from abusing to dependence and then to the disease of addiction. Although his parents tried to get him help, there was no law that could force someone into treatment because he was an adult. After Casey's death, his parents lobbied for change. "Casey's Law" is an involuntary treatment act for those who suffer from the disease of addiction.

What does the law provide?

The act provides a means of helping someone who is unable to recognize his or her need for treatment due to the affect of substance misuse. This law allows parents, relatives, and/or friends to ask the court for treatment of the affected person.

Why is Casey's Law needed?

Denial and drug use interferes with a person's ability to make a clear-sensible decision. The "bottom" for many is death. Addiction is a progressive, life-threatening disease. the Best hope of survival for a person who's thinking is weakened due to the over-use of drugs is intervention. Studies show that treatment that is not by choice can be just as successful as treatment that is by choice. Most people who's thinking is weakened by the use of drugs get court-ordered treatment only after they have been arrested for a crime while under the influence of a substance. Drugs and crime often go hand-in-hand because people who's thinking is weakened by drugs are made to by their disease to resort to doing anything possible to get their drug. Court-ordered treatment can be effective while having nothing to do with who starts it. Not all people who's thinking is weakened by drugs are arrested, or even if they are, may not receive the treatment needed.

Applicable Laws & Programs

What is the process to use Casey's Law?

The following steps must be taken in order to involuntarily commit someone to treatment:

- Get a copy of the written request from the District Court clerk's office by asking for Form 700A – the Verified Petition for Involuntary Treatment of Alcohol/Drug Abuse.
- A spouse, relative, friend or guardian of the person who's thinking is weakened by drugs fills out the petition and files it with the District Court clerk.
- The court looks over the legal accusations in the written request, examines the person who approached the court for help that has promised to tell the truth and figures out whether there is probable cause to order treatment for the person named in the written request (the respondent).
- If probable cause is found, a judge assigns a lawyer to represent the respondent, order the person who responded to be checked out and schedule a hearing within 14 days.
- The respondent is told the date and purpose of the hearing and is checked out by two qualified health professionals, at least one of whom is a doctor, to decide if the respondent could benefit from treatment.
- If the judge finds the respondent should go through treatment, the court will order treatment from 60 days up to 360 days, depending upon the request in the written request and the result of the check up. Treatment options change depending upon each person's conditions and can range from detoxification to intensive treatment through recovery.

Where can I find more information and a copy of Casey's Law?

For more information visit <http://caseyslaw.org/>. The law can be

Applicable Laws & Programs

accessed at www.lc.state.ky.us. Click on the “Legislative Resources” link and choose KRS 222.430 to 222.437.

Where can I find help with the Casey’s Law process?

For local assistance with Casey’s Law, contact SPARK Ministries at (859) 771-2726 or contact your County Attorney.



The SPARK Ministry Advocacy Center is a faith based starting point for families who have a loved one in addiction, providing Casey’s Law assistance and helping families navigate the system.

What services will SPARK offer?

- * Private meetings with individuals and their family to assist in finding and contacting inpatient, outpatient and addiction support group resources; which will fit their needs and desires within their recovery
- * Casey's Law advocacy for families
- * Providing volunteer ran youth and adult mentoring opportunities in the community to teach personal accountability, prevention of drug abuse, relationship building and self-awareness
- * Local, 24/7 - 365 day per year call line to access a trained support specialist for extra encouragement, understanding and discussion of needs.

SPARK Ministries: (859) 771-7226

<http://www.kyspark.org/about.html>

Applicable Laws & Programs

Tim's Law: Court-Ordered Assisted Out-Patient Mental Health Treatment

The Kentucky General Assembly passed Tim's Law in 2017. Tim's Law statutes can be found at Kentucky Revised Statutes 202A.0811-0831.

What is Tim's Law?

Tim's Law approves state District Courts to order treatment outside of the hospital, with help, for people who have been hospitalized against their will at least twice in the past twelve months, who are diagnosed with a serious mental illness and are unlikely to stick to the programs that do not require staying in the hospital. For whom court-ordered treatment outside of the hospital, with help, is the least limiting way of treatment available. for more information contact the District Court Clerk's Office or your local NAMI chapter.

Mental Health Diversion Docket

What is the Mental Health Diversion Docket?

The Clark District Mental Health Diversion Docket was established in November, 2014, to more effectively address the increasing number of mentally ill defendants cycling through the judicial system.

What is the purpose of the Mental Health Diversion Docket?

The mission of the Clark District Mental Health Diversion Docket is to protect public safety and reduce the recidivism rate of mentally ill offenders.

What is the process of the Mental Health Diversion Docket?

Using an approach involving court supervision, mental health treatment services, education, employment and personal responsibility for behavior, the Mental Health Diversion Docket looks for positive and long lasting life changes. Upon successful completion of the Clark District Mental Health Diversion Docket, the sentencing judge or Mental Health Diversion Docket judge may:

- (a) Dismiss the underlying charge(s), if the participant was on diversion but only when restitution, if any, has been paid in full or,

Applicable Laws & Programs

- (b) Modify conditional discharge if the participant was on conditional discharge or found to be in contempt of court, but only when restitution, if any, has been paid in full.

For more information contact the District Court Clerk's Office or your local NAMI Chapter.

Where can I find information?

Betty Bryant, Coordinator
Clark County Attorney's Office
859-745-0220

Clark & Madison County Adult Drug Court Program

What is drug court?

Instead of spending time in jail, eligible participants complete a substance abuse program supervised by a judge. Drug Court combines close court supervision and treatment with other services to intervene and break the cycle of substance abuse, addiction and crime.

What is the process of drug court?

The program uses a team approach that requires collaboration among judges, Specialty Court staff, prosecutors, defense counsel, treatment professionals, law enforcement officers and other community agencies. These professionals help addicted individuals regain control of their lives through judicial oversight, intensive supervision and monitoring, participation in substance abuse treatment sessions and self-help groups, frequent and random urine screens, and referrals to community service agencies and other services. Drug Court operates under the Department of Specialty Courts at the Administrative Office of the Courts.

Where can I find information?

Clark & Madison County Adult Drug Court Program
Phone: 859-623-5811
Fax: 859-623-5816

Prevent Opioid Misuse

What You Can Do to Prevent Opioid Misuse

If you are prescribed opioids for your pain, you have the following responsibilities to help ensure you are getting the safest, most effective pain management possible.



1. Work with Your Doctor

- Work with your doctor to create a plan on how to manage your pain.
 - Know your options and consider ways to manage your pain that do not include opioids.
 - Talk to your doctor about any and all side effects and concerns.
 - Make the most informed decision with your doctor.
- Follow up regularly with your doctor.

2. Take and Store Opioids Properly

- Never take opioids in greater amounts or more often than prescribed.
- Never sell or share prescription opioids.
- Store prescription opioids in a secure place, out of reach of others (including children, family, friends, and visitors).
- If you have unused prescription opioids at the end of your treatment, find your community drug take-back program or your pharmacy mail-back program, or flush them down the toilet, following guidance from the Food and Drug Administration. For information on drug disposal, including which medicines can be safely flushed, visit <http://bit.ly/2PGzHjl>.
- Don't take opioids with alcohol and other medications like:
 - Benzodiazepines (such as Xanax[®] and Valium[®])
 - Muscle relaxants (such as Soma[®] or Flexeril[®])
 - Hypnotics (such as Ambien[®] or Lunesta[®])
 - Other prescription opioids

Source: <https://www.cdc.gov/drugoverdose/patients/prevent-misuse.html>

Drug Disposal Program

Is your medicine cabinet full?

Turn in your unused or expired prescription and over-the-counter medication for safe disposal.

Collection boxes are located at the Winchester Police Dept.
& Clark County Sheriff Dept.

Accepted ✓ Items

- Prescription Medications (please black out contact information)
- Over-the-Counter Medications
- Pet Medications
- Medicated Ointments, Lotions & Creams
- Liquid Medication in Plastic Containers
- Vitamins
- Inhalers

NOT Accepted STOP Items

- Needles & Syringes (these items must be given to an officer)
- Thermometers
- Aerosol Cans
- Medical waste items such as: IV Bags, Used Bandages, Empty Containers
- Chemicals or disinfectants such as: Hydrogen Peroxide
- Personal Care Products



www.clarkcountyasap.org

Drug Disposal Program Sponsored by:

Clark County KY Agency for Substance Abuse Police

Clark County Sheriff Department

Winchester Police Department

Bluegrass Prevention

Clark County KY Agency
FOR SUBSTANCE ABUSE POLICY



For more information about the Clark County Drug Disposal Program contact a local law enforcement agency or

Clark County KY Agency for Substance Abuse Policy at 859-595-0328 or visit www.clarkcountyasap.org

[My Notes:]



Prescription opioids can be **addictive and **dangerous**.**

It only takes a little to lose a lot.

[cdc.gov/RxAwareness](https://www.cdc.gov/RxAwareness)

www.cdc.gov

Community Coalitions

Get Involved!!!

Clark County Agency for Substance Abuse Policy (ASAP)

- Mission:** Working to reduce the prevalence of alcohol, tobacco and other drug use among youth and adults in Clark County.
- Meetings:** Third Thursday of each month at 1:30 pm at City Hall.
- Contact:** For information contact info@clarkcountyasap.org
- Web:** www.clarkcountyasap.org

Clark County Mental Health Task Force

- Mission:** The Mental Health Task Force is working to ensure that Clark County provides excellent resources and supports so mental illness is effectively addressed promoting recovery, hope, and healing.
- Vision:** Healing and wellness for our community.
- Values:** HEALING
- H**ope (that healing and wellness is possible)
 - E**mpower (individuals to find help)
 - A**ccess (to treatment and support)
 - L**ove (yourself and others)
 - I**nteract (with community partners)
 - N**ormalize (mental illness to reduce the stigma)
 - G**rowth (for individuals and community)
- Meetings:** Monthly
- Contact:** For information contact the Clark County Health Department at 859-744-4482.

Community Coalitions

Get Involved!!!

Bluegrass Mental Health & Aging Coalition

- Mission:** To increase awareness of Mental Health and Substance Use and Abuse issues, and improve their management among elderly individuals, their families, and the community at large.
- Meetings:** Third Thursday of every month, 10 AM at Winchester City Hall
- Contact:** Phone: 859-269-8021
Fax: 859-269-7917
Email: Mary Crowley-Schmidt at Maryc@bgadd.org
- Background:** A partnership of regional professionals and consumers who have organized around the need for on-going awareness efforts, outreach, and education in the area of mental health and aging.



Art by Destinie Flores,

GRC Student

Created for the Hope & Healing

Thru Art event in Clark County,

May 2019.

About The Semicolon Project

The Semicolon Project was created for those who were going through struggles with self-harm, depression and suicide who could have stopped moving forward, but didn't. "A semicolon is used when an author could've chosen to end their sentence, but chose not to. The author is you, and the sentence is your life." Your story isn't over yet!

Find out more at

<https://projectsemicolon.com/>

This Resource Guide has been compiled by the collaborative efforts of the Clark County Health Department and the following community coalitions:

ASAP  **CLARK COUNTY AGENCY FOR
SUBSTANCE ABUSE POLICY**

Meets the third Thursday of each month at
1:30 pm at City Hall, 32 Wall Street,
Winchester, Kentucky

For more information
e-mail us at info@clarkcountyasap.org or
visit our website at www.clarkcountyasap.org



Meets the third Monday of each month at
9:30 am at Clark County Home Health Agency,
273 Shoppers Drive, Winchester, Kentucky

For more information
contact the Clark County Health Department
at (859) 744-4482